Welcome back. We hope you had a happy and restful break. We are ready for another productive and busy term with your children.

On Tuesday, 23 June, K/1 participated in an excursion to Junee to support their learning about transport. They travelled by bus and train and visited the Junee Chocolate and Licorice Factory and the Roundhouse. From the happy expressions when they returned to school, everyone had a fantastic time. Thank you to Ms van Dijk for her organisation.

On Wednesday, 24 June, student reports were sent home in a folder with some examples of your child’s learning from last semester. Please return this folder to school this week so that we can put learning examples for semester two into it ready to send home at the end of the year. The folder is yours to keep at the end of the year.

Michelle Ray is raising money for cancer through the McGrath Foundation as she has had a friend diagnosed with cancer. We will be holding a beanie day on Friday 24 July to contribute to the fundraising through a gold coin donation. There will also be raffle tickets available for sale in the office to win a signed St George jumper. Michelle is having her head shaved on Saturday 25 July at Parramore Park (Rugby fields) at lunch time with gold coin donations on the day and PINK goodies like iced buns etc for sale. She will be wearing an assortment of beanies to keep her head warm on these cold days after the event which is why we are holding a beanie day!

Our dance program begins on Monday with all classes learning a dance to be performed at our dance night concert later this term (Thursday 10th September).

Next Friday (24th) is a very busy day with Beanie Day, Schools Tree Day and our science club as well as some students from 3/4/5/6 taking part in a paper plane competition at the Rock Central School.

27-31 July is Education Week in the Marketplace. We will have boards displaying student’s work, 3/4/5/6 will be performing two songs at 11:30am on Wednesday 29 July and three chess teams will compete against other Wagga schools on Thursday 30 July. I encourage you to have a look throughout the week at what public education in Wagga is achieving.

We will be holding a working bee on Saturday 1 August form 9:00am -12 to revamp the garden near the library. Please consider assisting at this either for all or part of the time as many hands make light work. We will construct the beginnings of a lizard garden.

On 20 July, an intern, Rochelle Harley, will begin her university practicum on 3/4/5/6. This is the last in school prac that students do before they gain their qualification for teaching.

Regards Lyn
Dear Staff, Students, Family, Friends and Community

On behalf of The Salvation Army Schools & Community Program, I would like to say a very big thank you and congratulations to all the schools who participated in the Vanuatu Cyclone Pam Mufti Day Fundraiser. The fundraiser took place in the last 2 weeks of Term 1 and the schools that responded did so in style. From green cupcakes, to coin decorating, to Easter parades, an Mufti Day Fundraiser. The fundraiser took place in the last 2 weeks of Term 1 and the schools that responded did so in style. From green cupcakes, to coin decorating, to Easter parades, an

Today your eldest child in the school would have brought home a pink bag. Within this bag is a Tupperware catalogue along with pamphlets, a note and a bag for your order/money. The P & C will receive rewards depending on the sales and parties booked. You may join Brina on Friday 24th July at 3.15pm at the Community Centre or orders are due back by Monday 27th July and delivery is Monday 3rd August. Lets make this a great fundraiser and have some fun. If you have any queries, please contact Brina on 0420 318 471.

Chocolate roster person is:

- Jordon Roberts (14th July)
- Brina Hopkins (21st July)
- Charis Richardson (28th July)

A message re our Vanuatu fundraiser.

Dear Staff, Students, Family, Friends and Community

On behalf of The Salvation Army Schools & Community Program, I would like to say a very big thank you and congratulations to all the schools who participated in the Vanuatu Cyclone Pam Mufti Day Fundraiser. The fundraiser took place in the last 2 weeks of Term 1 and the schools that responded did so in style. From green cupcakes, to coin decorating, to Easter parades, an apple store, schools went to great lengths and efforts to generously contribute and raise funds for the worthy cause.

Together, you raised over $2000 for the appeal! This is an incredible amount of money and I was personally blown away by not only the willingness to hold a fundraiser, at such short notice at that, but also the creative lengths each school community went to and the generosity of time, effort, heart and spirit.

There are many people doing it tough – in our own communities - and many charities in need of support. The rural school communities that I have the privilege of working with are some of the kindest and most generous that I’ve ever met.

More than the dollar and cents amount that was collectively raised, it was the ‘yes’ without hesitation to the appeal that really stood out to me. The impact of the Cyclone was massive. “The strongest – and most devastating – cyclone ever to hit Vanuatu has savaged the island nation. Your donation makes a real difference to 75,000 children who are at risk.” – Paul Ronalds, Save The Children.

School communities are in the unique situation to partake in philanthropic causes. Currently, Vinnies and The Salvos are holding their winter appeal. If you have a spare blanket, furniture, warm clothes etc. to donate, please give them a call/drop in to one of their stores. (6921-0709 or 6921-2381). The ripple effect of a coin dropped in a bucket of eternal need goes on forever and has a boomerang effect. So thank you once again to our wonderful Wagga Wagga Public Primary Schools and Community and remember to ‘Op’ shop and donate the small/big change! Finally, a HUGE thank you also to 2AAA, WIN News, ABC Riverina and The Daily Advertiser for their support in press coverage for this appeal.

Judy Marshall –Schutte, Rural Schools & Community Worker – The Salvation Army
**DSTA NEWS:**

Looking after yourself after the holidays!

**Self-care suggestions for families**

- Try to eat a healthy, balanced diet.
- Try to exercise for half an hour each day. This can be of any intensity you like. A convenient way of including this may be to play a ball game outside with your child or go for a walk together.
- Build and maintain positive relationships. Supportive relationships can be a protective factor that helps people cope with difficulties. Children, parents, carers and families cope best when they have support. Support may be available through friends, family, health professionals, community organisations and early childhood / school staff. Being able to draw on support is especially helpful during hard times.
- Try to spend time alone doing things you enjoy such as reading, writing, swimming or taking photos. This can help you live a balanced life (e.g., a balance between work or family life and time for yourself), relax and appreciate time to yourself.
- Try to recognise when you are feeling stressed and what might be causing this. This helps to be able to respond appropriately, for example, by relaxing or trying to solve the cause of stress.
- Try to reduce risk factors and build on protective factors. Recognising when your family is exposed to mental health risk factors and observing how well you are all coping helps work out what to do and what support you need to access to meet your family’s needs.
- Explore other resources that may be able to help, such as family support services or health professionals. Your family doctor can be a good place to start.


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**DSTA hours**

My hours will now only be displayed on the DSTA noticeboard at the beginning of each week, instead of in the newsletter. I will endeavour to have my hours displayed one week ahead of schedule. If you would like to know when I am working and can’t make it into school, please email me at therese.mctavish1@det.nsw.edu.au or call the school office on 6931 2703.

Kind regards,
Thérèse (Therese.mctavish1@det.nsw.edu.au)
MEDIA ALERT - 12th June, 2015

WAGGA MAGPIES JRLFC GETS BEHIND MAGPIE MUM AS SHE SHAVES HER HEAD IN SUPPORT OF THE MCGRATH FOUNDATION

The Wagga Magpies JRLFC will be supporting Michelle Hoare, a wonderful member of the Magpie community as she shaves her head on Saturday 25th July in support of the McGrath Foundation’s mission to raise money to fund McGrath Breast Care Nurses in communities right across Australia and to increase breast awareness in young women.

The wider Wagga community can also get involved by purchasing one of the pink items available on the day, giving a gold coin donation or by purchasing raffles tickets to win a signed St George jersey, will all money going directly to the McGrath Foundation.

McGrath Foundation Ambassador and Director, Tracy Bevan, says the McGrath Foundation continues to be blown away by the support from Australian communities. She says their support goes a long way in helping the Foundation ensure every family in Australia experiencing breast cancer has access to a breast care nurse no matter where they live or their financial circumstance.

"We are proud to have 100 McGrath Breast Care Nurses working nationally who together have supported over 25,000 Australian families experiencing breast cancer. Events like this are truly helping us to make a difference," Tracy said.

Event organiser, Michelle Hoare, says "I have a friend who is fighting Breast Cancer at the moment, she was my initial motivation to shave. She is a mum of 3 gorgeous boys, similar age to 3 of my children and this disease and all they are going through is not fair on any of them. I never understood and definitely did not appreciate how tough it really is. Shaving my head is a positive way for me to deal with all of it by raising awareness and money."

Details
Who: Wagga Magpies JRLFC & Michelle Hoare
What: Michelle's Head Shave
Where: Parramore Park, Kooringal Road Wagga Wagga
When: Saturday July 25th at 12pm
Why: All money raised will go directly to the McGrath Foundation
Cost: N/A

*** ENDS ***

For further information about this event, please contact the event team:
Rebecca Mortimer: 0409 362 539 rebecca@mortimerapparel.com
Alternatively, contact Courtney Incoll, McGrath Foundation Corporate Friends Officer, courtney@mcgrathfoundation.com.au

ABOUT THE MCGRATH FOUNDATION

Jane McGrath's personal experience has seen a team of passionate and dedicated people come together and step up to the challenge of making life for families experiencing breast cancer just that little bit easier. Until there is a cure for breast cancer, the McGrath Foundation is committed to providing as much support as it can for families facing a breast cancer experience through the funding of McGrath Breast Care Nurses nationally, no matter where they live or their financial situation.
Hello schools of Wagga Wagga – The Wagga Women’s Health Centre (WWHC) has some exciting news and we were wondering if you could please pass the word around by putting the information below and/or a copy of our banner in your newsletter (weekly, fortnightly, whenever you can up to the 18th of September). If your school has an art department, you may also like to forward onto them...or even forward on to your P & C? We would appreciate your help – thank you.

The Wagga Women’s Health Centre is offering Riverina businesses, service clubs, community organisations, schools, retirement/aged and care groups a chance to book a time to visit this exciting show – The Bald Archy Prize 2015.

In addition volunteers are being sought to help run this exciting event. If you can volunteer between August 29 and September 18, please contact Helen Crosweller via email: helencrosweller@gmail.com

What: Bald Archy Prize 2015
Where: Gallery 43, Wagga TAFE
When: Saturday August 29 to September 18, daily 10am - 4pm
Cost: Admission $5 per person; children under 18 years free. Morning and Afternoon Tea available for $5 per person (including children)
Thank you and we hope to see you there. The WWHC