Welcome to week 7 of Term 2.

Principal’s Report:

Congratulations to all of the students who ran at the PSSA Cross Country as part of our Small Schools’ team at Ladysmith on Monday 25 May. I am always proud to send students to these events as I get back so many reports about their excellent behaviour and sportsmanship under all circumstances. Taylah will be competing at Gundagai in the Riverina Cross Country on Thursday 11 June in the ten year girls’ age group. Kayleigh is also a reserve for the eleven year girls’ team. We wish them a wonderful day and know they will do their best.

We had a very successful Wagga PSSA Athletics as part of our Small Schools team. We had more students competing this year than at any time since I began at Kapooka School and they all performed admirably. Congratulations on their efforts. Once the official results come to the school, we will publish them.

As part of our Sporting Schools funding, our Blueearth program began last week with 3/4/5/6 having a session on Thursday. All classes will participate in a session today and on 22 June. Individual sessions will happen for one class at a time on 11 and 25 June.

The school has been celebrating Reconciliation Week with activities in the classroom. During week 8 the Mount Austin High Aboriginal Dance Group will perform for the school and parents are welcome to attend. I will advertise the confirmed time and date in the next newsletter.

Walk Safely to School Day was recognised last week. Part of understanding how to keep them safe when walking anywhere, is ensuring that our students cross the road at the correct place. To model this for your child, please use the crossing at the school at all times when accessing your car or the park across the road as this demonstrates the safe place to cross the road whether or not accompanied by parents.

Our dance program begins this week with Mrs Judy Marshall taking each class and developing a dance for our dance concert next term.

If you require our paperless newsletter to be sent to you as an attachment to an email, please let the school know with a note or by emailing the school on kapooka-p.school@det.nsw.edu.au.

A reminder: at many of our school events photos are taken which include other students in the school. Before you publish these photos on your personal facebook or any other social media, you need to contact the school or the parents of the children in the photos.

Regards Lyn
**DIARY**

**Term 2 - June**

3 - Dance begins  
- EnviroChamps day  
4 - School Parliament 12.15  
- BOOK CLUB DUE  
5 - NRL activities  
8 - Queen’s Birthday - Public Holiday

11 - P & C Meeting, 9.15am  
- Riverina PSSA Cross Country at Gundagai  
- Mobile Library, 11.30-1.00  
12 - NRL activities  
15 - Work experience student  
17 - MAHS Yr 7 taster day  
19 - Canberra excursion payment due - $40.00  
- Assembly K/1, 2.30pm  
24 - Reports home  
25 - Mobile Library, 11.30-1.00  
26 - Last day of Term 2  
29 - June to 10 July School holidays

**July**

3 - Reports home  
29 - NRL activities

**15 - Work experience student**

**17 - MAHS Yr 7 taster day**

**19 - Canberra excursion payment due - $40.00**

- Assembly K/1, 2.30pm

**24 - Reports home**

**29 - June to 10 July School holidays**

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**AWARDS:**

Table Champions: Skylah, Sebastian, Frazer, Blayne, Jessica, Taylah

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**SCHOOL NEWS:**

- **LOST PROPERTY**
  
  Our lost property basket seems to be getting full again. If you are missing an item of clothing, please check in the basket which is located in the K/1 bag room. Parents, please write your child’s name on everything that comes to school so we are able to return the item to the student.

- **Work Book Fees. Please pay your child’s work book fees.**
  
  We still have many families with outstanding fees. Your children were given their work books at the beginning of the school year. The school purchased the books at a reduced cost and passed this onto you. We would appreciate these fees being paid ASAP. If you would like to discuss the fees in any way, please see Robyn or Lyn.

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**Wagga PSSA Cross Country**

On Monday 25th May, students from Kapooka went to Ladysmith to compete in the Wagga PSSA Cross Country. We had 2 people get a place, Taylah was 4th in the Junior Girls and Kayleigh was 6th in the 11yr girls. We had other students who came close as well. **By Sebastian.**

**Wagga PSSA Athletics Carnival**

On Wednesday 27th May, representatives from our school went to the Wagga PSSA Athletics Carnival at Jubilee Park oval. I was in the 200m and 800m run and I met a lot of people there. **What happened at the Athletics carnival?** At the carnival there were five schools who made up our small school team. The schools were Collingullie, Ladysmith, Kapooka, Tarcutta and Uranquinty. It was lots of fun. The main thing was that every one tried their best. **By Kayleigh.**

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**P & C NEWS:**

- **CHANGE OF DATE**
  
  Our next P & C meeting will be held on Thursday 11th June at 9.15am. Everyone is welcome.

Chocolate roster person is:

- Jordan Roberts (2nd June)
- Charis Richardson (9th June)

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**Personal Facebook/twitter/social media accounts**

Parents are reminded that before they publish photos of other students taking part in school activities on their personal Facebook/social media accounts, they need to contact the school or the parents of the children in the photo.

Thank you for your understanding.

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**School Banking - Friday**

Uniform shop - Fri:9-1:15am  
NO EFTPOS available only CASH or CHEQUE

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Kapooka School APP  
http://www.myauschools.com  
Username - community  
Password - kapookaps

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**Have you read Kapooka School Plan for 2015 - 17 or looked at our achievements in the 2014 Annual School Report?**

Our new chalk boards for drawing at recess and lunch breaks.

The above documents can be found on our school website. kapooka-p.schools.nsw.edu.au and click on “Our School” tab. There is very interesting reading for parents on the “Home” page under the heading “Latest News and Features. Check it out :)
KIDS BRAINY BREAKFAST IDEAS (www.nutritionaustralia.org)

A healthy, nutritious breakfast that provides your kids with adequate energy is a great way to start the day. The best breakfasts should include fruit or vegetables, a dairy product (or alternative) and a wholegrain bread, cereal or grain product. Some may think that preparing and eating a healthy breakfast is time consuming, but this is not necessarily the case.

Why not try some of the following suggestions – you can even mix and match according to your children’s tastes and preferences:

- Raisin bread or fruit loaf, either plain or topped with ricotta cheese, and chopped strawberries or banana
- Wholegrain cereal with milk and chopped fruit such as banana or berries, or pureed fruit
- Hot porridge with milk, chopped banana or berries
- Yoghurt topped with a muesli style cereal and chopped or pureed fruit
- Baked beans with wholegrain toast and a small glass of diluted fruit juice
- Scrambled or poached eggs with toast and a glass of milk
- Wholegrain muffins with a slice of cheese and tomato and a piece of fruit
- Toasted bagels with avocado and a glass of milk
- Wholegrain toast with a thin spread of jam or honey plus sliced banana and a small tub of yoghurt
- Fruit smoothies – simply blend milk, yoghurt, soft fruit and a sprinkle of wheat germ or psyllium.
- For an on-the-go breakfast, take a piece of fruit, a cheese stick and a few low fat crackers.

What a way to start the day!

**DSTA hours**

My hours will now only be displayed on the DSTA noticeboard at the beginning of each week, instead of in the newsletter. I will endeavour to have my hours displayed one week ahead of schedule. If you would like to know when I am working and can’t make it into school, please email me at therese.mctavish1@det.nsw.edu.au or call the school office on 6931 2703.

Kind regards, Thérèse

therese.mctavish1@det.nsw.edu.au
PSSA Athletics Carnival
25th May 2015
DO NOT MISS OUT!
REGISTER NOW

COLORADO SPRINGS CLINIC - 13th JUNE
Pikes Peak Regional Park - 9.00am to 3.00pm

COLORADO SPRINGS CLINIC - 20th JUNE
Pikes Peak Regional Park - 9.00am to 3.00pm

COLORADO SPRINGS CLINIC - 27th JUNE
Pikes Peak Regional Park - 9.00am to 3.00pm

CONFIRM ATTENDANCE

Please email completed form to development@brumbies.com.au OR fax (02) 6260 8591
Alternatively Post to Brumbies Rugby at LPO Box 5039, University of Canberra, Bruce 2617