Welcome to week 5 of Term 4.

Kayleigh, who is part of the Riverina Choir, performed on the evening of Tuesday 27 October at the Opera House. She has included a report in this newsletter detailing her experiences. The Core Choir members of CHORDS Ceilo, Caitlyn, Sebastian, Frazer, Raylene and Skylah returned to school on Friday tired but happy to have been part of such a unique event.

Kindergarten Orientation began last Thursday, 29 October and will continue for the next two weeks. On Thursday 12 November we will be holding a morning tea for our Kindergarten parents in the library from 11-12 noon. This is an opportunity to meet current Kindergarten parents, have any questions answered, hear about a healthy lunchbox from the Cancer Council and order uniforms. Following this, at approximately 12.10pm, there will be an information session.

Day for Daniel was a great success with $76 being raised through gold coin donations. The P&C organised a morning tea for the students and the profits of $151.55 were also donated to this event. The school looked wonderful in red and the students built on their knowledge of how to keep themselves safe. Total donation will be $227.55 WOW! Thank you everyone.

Our assembly this Friday, 6 November, will be hosted by 1/2. It will be held at 2:30pm in the library.

Thinking of applying for a Selective High School placement for 2017? Please contact the school for an information booklet.

Key dates for this are:
- Tuesday 13 October 2015 Application website opens.
- Monday 16 November 2015 Application website closes. Late applications will not be accepted.
- Thursday 25 February 2016 Test authority letter sent by mail and email.
- Thursday 10 March 2016 Selective High School Placement Test.
- Early July 2016 Placement outcome information.

Change of date! On 26 November students from 3/4/5/6 will present persuasive arguments through creative visual text about what is good about attending small schools. These will be screened at Wagga Wagga Public School hall in the evening, along with the creations from the other small schools in our network. The students are enjoying learning and creating together and would like to invite you to this premier. All of our community is welcome to attend, not just the parents of 3/4/5/6. More details will be available soon.

Our Homework Policy is on our website. Please take the time to read this. I am happy to answer any questions about this policy.

A local charity has asked us for donations of food and gifts to be distributed to local families prior to Christmas. A box is now in the office for these donations.

All students in Kindergarten to Year 11 are required to attend school until Wednesday 16 December, the last day of teaching for Term 4 2015. Students in all year groups will be engaged in meaningful work based on the curriculum and syllabus requirements. If parents would like their child to be absent from school for a period of time, they need to seek permission under the current Exemption from School - Procedures - http://www.schools.nsw.edu.au/gotoschool/a-z/attendance.php

Regards Lyn
Term 4 - November
5 - Kinder Orientation day
6 - ASSEMBLY 1/2. 230
12 - Kinder Orientation day
13 - Uniform shop CLOSED
18 - School Parliament 12.15
19 - P&C meeting @ 9.15am
20 - CANTEEN - lunch +
FOOTY COLOURS DAY
26 - MOVIE NIGHT @ Wagga
Public Sch hall.
- School Counsellor
27 - Uniform shop CLOSED
- ASSEMBLY K/1, 2.30pm
- Mrs Eacott - Principal Mtg

December
1 - Creative Catchment Kids
launch @ Ladymith Sch
10-11.00 am
3 - Presentation Evening @
Wagga Public Hall, 6.30pm
- Reports home
- WWHS Yr6 Orientation
- DSTA farewell cake
10 - Year 6 dinner @ Boat club
11 - BLUE level reward
14 - GOLD level reward
16 - Students last day
17 - Staff Development day
18 - Staff Development day

January 2016
11 - Uniform shop, 11.00 am
25 - Uniform shop, 11.00 am
27 - Staff return
28 - Students return, Yrs 1-6
29 - Kindergarten begins.

!!!!!
School Banking - Friday
Uniform shop - Friday from 9:15am til 9.30am
NO EFTPOS available
only CASH or CHEQUE

Kapooka School APP
http://www.myauschools.com
Username - community
Password - kapookaps

Orientation dates
Thursday 5th November
10-12 noon
Thursday 12th November
Children 10-12noon
Parent morning tea at
11-12 noon with Cancer
Council talk at 11.30am
Parent Info at 12.10pm

AWARDS: Table Champions
Olivia, Blayne, Stephanie, Luke P,
Skylah, Raelen, Taylah, Cadence
Congratulations to all the above students. Well Done!

SCHOOL NEWS:
• Work Book Fees. Still have outstanding work book fees. PLEASE PAY
• Kinder Orientation day again this Thursday 10-12noon.
• ASSEMBLY run by 1/2 at 2.30 - Due to Bluearth now not attending on this day, those families who were advised of their child receiving a BLUE LEVEL at an 11.30am time slot, please note that we have changed our assembly back to 2.30pm. Apologies for any inconvenience.
• Melbourne Cup day at the Blamey Community Centre, see attached flyer.

P & C NEWS:
◊ CANTEEN - WOW! What a great effort. Our morning tea raised $151.55c for our donation to “DAY FOR DANIEL”. Thank you our volunteers on the team who made this possible.
◊ Save the date - Friday 20th November, P & C will hold a meal deal——Cheese burgers. This day is also FOOTY COLOURS DAY. P & C would like to invite parents along to enjoy a cheeseburger and a kick of the footy at lunchtime. Keep an eye out for a note coming home in the following weeks.
◊ Uniform Shop - the uniform shop will open during the school holidays for new families arriving in town and parents who find those summer clothes are now too small. Monday 11th January, 11.00 am and Monday 25th January, 11am.

Chocolate roster person is:
Jordon Roberts
3rd November
Brina Hopkins
10th November
Charis Richardson
17th November

WHOOPING COUGH ALERT!
NSW Government, Department of Health has put this information out to schools.

WHOOPING COUGH information for schools
There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.
Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies.
Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.
Children with these symptoms should see a doctor.

If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.

Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-basined vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 065 or visit the NSW Health website for information for childcare and schools about whooping cough.

SAVE THE DATE
MOVIE NIGHT @
Wagga Wagga
Public School hall
Thursday 26th November 2015

Sydney - Riverina Choir
I went to Sydney on Monday 26 October to go to sing at the Opera House.
The first thing we did when we got there was to go to Bondi beach and we played games. Then, before we left there, we got a photo with a life saver. We went to the motel after that and I had dinner and went to bed. The next day I got up and got dressed in my uniform for the Opera House. We went on the bus and we walked across the Harbour Bridge before we went to the Opera House for our practice for our performance that night, Tuesday 27th. We had dinner after practice and then we went back to the Opera House and performed all our songs to everyone there. I was a bit nervous at the start! We went on the bus back to the motel and I went to bed. When I woke up I got dressed for the day and got on the bus and came home. The best thing about Sydney was singing in the Opera House because it was a once in a lifetime experience. By Kayleigh
‘Getting ready to move’ group

Children who are posting out will soon begin their ‘Getting ready to move’ group. The children are invited to participate in a variety of activities within in group, which will help elevate many of the concerns that children sometimes have prior to a posting.

During the first week’s session the children will receive a ‘Memory Book’ to collect friend’s contact details as well as writing down the fun memories they’ve created in Wagga. They will also receive a Countdown Calendar and a tourist brochure of their new location (I remind them that they can’t go to everything they see in the brochure!)

Encourage them to use the Countdown Calendar and if you can, brainstorm some great memories you’ve shared in Wagga. Provide them with some resources such as old school newsletters so they can cut out photos and include them in their Memory Book.

Even though it’s an incredibly busy time for families who are posting out, please take the time to go through the resources that your child will bring home from these sessions or encourage them to practise the new skills that they have learnt.

Tips for moving with children  

Talk to the children about the upcoming move.

Communicating truthfully and openly with children about relocations is important to help them understand and cope with the change. Talk about the relocation early and often to give them time to become accustomed to the idea and think through what it means to them. Explain clearly why it is important for the family to move.

Involve the children in the process.

Letting children help with the move – e.g. helping to pack or unpack, or decide where things will go in the new home – and involving older children in discussions and preparations for the move, can help them to feel empowered, valued and that they have a say.

Talk about feelings.

Encourage children to express their emotions, their hopes and fears, and respond with understanding. Expressing your own feelings in healthy ways can help them recognise they’re are not alone. If they resist opening up to you as a parent, try to provide some opportunities for them to talk with family or friends they may feel more comfortable confiding in. They might also want to express their feelings through other avenues like stories or poetry, art, music or physical activities.

Be positive.

Guide children to think about the positive things about the change – e.g. the chance to make new friends, new interesting subjects to take at school, or a fun activity to do in the new location – and healthy ways to respond to the challenges – e.g. keeping in contact with friends from the last location, or creating a scrapbook or photo album of their former community, school, home and friends.

Recognise signs of stress.

Children, particular younger children, are often unable to articulate their feelings and thoughts as adults do. If they are having trouble dealing with stress and changes during deployment, it will often present in their behaviour or in health complaints. Observe children for signs of stress, as they can be easy to miss when you are tied up with all the preparations and practical things to do for a move.

Provide security, stability and a friendly ear.

An important aspect of settling children into any environment is to make them feel secure. This security may just be a feeling that the family is together, or that someone will be there when they need to talk. Be available for your children, both by being there and by taking a genuine interest in what they feel, say and do. After the move, resume normal family routines as soon as possible (e.g. bedtime, chores, discipline, story time or traditions).

Celebrate.

Congratulate children on positive ways they find to manage the challenges of the move. Celebrate milestones and achievements in the move, such as finishing packing up a room, or arriving in your new location. Make sure to take time out to relax and spend time together as a family.

Kind regards, Thérèse

therese.mctavish1@det.nsw.edu.au
Yours to take -

Canon Copier/Scan/Fax machine
Black and white - still in good working order
Used in the office. Has one toner with it.
Surplus to our needs.

OKI Copier/Scan/Fax machine
Colour - still in good working order
Used in the office. Has toner and drum with it.

Two seater couch
This couch has been used in the office for our visitors.
It is structurally sound.
As can be seen some of the vinyl leather look fabric is coming off the seat area. A soft fabric cover, fitted sheet or blanket tucked in and over the seat area fixes this problem.
Is now surplus to our needs.

If interested, please take before Thursday 5th November 2015
Nanny Piggins author

Gateway Bookshop is very excited to be touring with children's author R.A. Spratt in a few weeks. We invite you to an in-store signing at Gateway Bookshop on Saturday 14th November 10-12.00.

R.A. Spratt has become a best selling author with her Nanny Piggins series and her new series "Friday Barnes: Girl Detective" is absolutely fantastic.

Meeting authors (especially someone as lively as Rachel) can really boost kids love of reading and even inspire them to write their own masterpieces.

Kind Regards, Jessica, Gateway Bookshop